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IICP College: QQI Level 9 Certificate in Cognitive Behavioural Therapy

The aim of this award is to equip practitioners with an up-to-date, cutting edge training in CBT as one approach to therapy.

Introduction

The programme consists of four full teaching days, plus a half day tutorial spread out over four months. Learners have eight months to complete their clinical work and should be practicing therapists upon application. Learners will engage in both theoretical and practical training in CBT (considering both Ellis and Beck). The programme is highly interactive and utilises a variety of teaching and learning methods.

Student benefits and support

As this award is conferred at Level 9 on the National Framework of Qualifications (NFQ), it evidences the rigour required for a quality programme of learning. The dynamic mix of theory, skills, and clinical work ensures learners grow academically, professionally, personally and interpersonally within frameworks that are on the cutting edge of best practice.

Who Should Apply

This programme is suitable for counsellors and psychotherapists who hold either a Level 8 Degree in Counselling and Psychotherapy; or who hold a professional recognised diploma in Counselling and Psychotherapy plus a minimum of a Level 8 degree in another relevant field. Recognition of Prior Learning (RPL) can also be considered for entry and should be discussed with the college.

Course Structure

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Dates:

- Sunday 07 February 2021
- Sunday 07 March 2021
- Sunday 11 April 2021
- Sunday 16 May 2021
- Sunday 1/2 Day 13 June 2021

Time:

- 9:00am – 5:00pm on each teaching day

Award:

- This programme is a Minor Award validated by QQI at level 9 on the NFQ

Cost:

- €945.00
- A €285.00 deposit can be paid to secure your place on this course, with the balance due before the course commences.

For further information visit our website www.iicp.ie/cbtminoraward

or contact the IICP Office

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