

# WGII

## Conference 2015



“Choice Theory:

Gateway to Personal Wellbeing”

*October 24<sup>th</sup> 2015*

*St. Patrick's College,  
Drumcondra, Dublin 9.*



## WORKSHOP TOPICS

- The “*Take Charge of Your Life*” Programme
- Quality Schools
- Family Therapy and Choice Theory
- Dr Glasser’s Couples Counselling—  
What the evidence says
- Sex in the Cyber age: Reframing  
“normal”

Full details of the Keynotes and  
Workshops in the separate Brochure

- ◇ Come and Join Us for a really Memorable Day
- ◇ Connect with old CT friends, meet new ones
- ◇ Learn and grow together by deepening our understanding of Choice Theory and its applications!

## CONFERENCE PROGRAMME

8.45 Registration and Coffee

9.30 **Keynote:** Dr Terry Lynch:

10.30 Annual General Meeting

11.15 Coffee

11.45 Workshop Session 1\*

1.15 Lunch

2.30: **Keynote:** Lucy Costigan RTC, and  
Anthony E. Walsh: “*Understanding  
Suicide: A Choice Theory approach*”

3.30 Coffee

4.00 Workshop Session 2\*

5.30 Closure

\*See Separate Workshop Brochure for details

“External control is by far the greatest obstacle to mental health all over the world.”

## THE DATE

October 24<sup>th</sup> 2015.

## THE VENUE

St Patrick's College is in Drumcondra, and is an old friend of ours—it was the venue for Dr Glasser's very first presentation in Ireland in 1985!



## THE COST

Non-Members: €90

Members: €81 (use discount code)

## THE PRESENTERS

**For our presenters this year we are delighted to welcome back some well-known WGII faces and to welcome some new voices too.**

**They include:**

*Paulette Murray, Alan White*

*Gisela Oates Arthur Dunne*

*Dermot O'Neill Lucy Costigan*

*Anthony E. Walsh Paul Kelly*

## THE KEYNOTE ADDRESSES

Our theme this year is “Choice Theory: The Gateway to Personal Wellbeing”. Our first Keynote Speaker, Dr Terry Lynch has been a critic of the medical model of “mental illness” for many years. and in his new book "Depression Delusion Volume One: The Myth of the Brain Chemical Imbalance" he brings together the irrefutable evidence of the delusional nature of the “chemical imbalance” theory of depression, and how it can never have the answer to human wellbeing. Dr Lynch is a medical doctor, and a practicing, accredited psychotherapist. We are delighted to welcome him and his fascinating insights back to our Conference this year.

Our second Keynote Speakers, Lucy Costigan and Anthony E. Walshe, will address the very difficult issue of suicide in our society and our response to it. When despair takes over the human heart, and removing the self from the quality world seems to be the only way to find peace, how is society to respond, and what needs to change for personal wellbeing to have any meaning for those in such extremity? The Keynote will be a challenging and interesting exploration of these issues. Lucy and Anthony have just published their book “Understanding Suicide”.

“Happiness is feeling good because you are choosing to behave in ways that keep you close, or get you closer, to the important people in your life.” William Glasser



# William Glasser Institute Ireland

WGII CONFERENCE 2015

APPLICATION FORM (Please print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_ Tel: \_\_\_\_\_

## CONFERENCE FEES

**Non-members: €90**

**Members: €81 (use Members Discount Code)** {Forgotten the Code? Contact Jean at the Office}

Please detail any special dietary needs for lunch:

\_\_\_\_\_

If you have any Conference enquiries, ring Doreen at 01 2862629

*Please send completed application form and remittance to:*

**WGII, 3, Calderwood Circle, Donnybrook, Douglas, Cork. Ph: 086 7878539**

Cheques should be made payable to William Glasser Institute Ireland

You can also book and Pay for Conference using the Online Shop at [www.wgii.ie](http://www.wgii.ie)

Full Workshop Details are on the accompanying Workshop Brochure



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**CONFERENCE FEES**

**Non-members:**      €90

**Members:**      €81 (use Members Discount Code) {Forgotten the Code? Contact Paulette at 085787539}

Please detail any special dietary needs for lunch:

\_\_\_\_\_

Full Workshop Details and Workshop Booking forms will be sent to attendees before the Conference

If you have any Conference enquiries, ring Doreen at 01 2862629

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**Paulette ??? Anne for database???**

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